



Here's One Call You Don't Want to Miss

If you get a call from Blue Cross and Blue Shield of Montana (BCBSMT), we're calling to help you take good care of your health. Please answer or call us back.

Your health plan includes support for you and your covered family members from nurses and other professionals called health advisors. This extra help is available at no added cost to you.

BCBSMT may call to help you:

- Get the care you need for serious illnesses or injuries
- Have a healthy pregnancy and baby
- If you have been in the hospital or have had a major surgery

BCBSMT health advisors* are licensed health professionals located in the United States. Calls from health advisors are not sales calls.

We may ask you for information, like your name, date of birth or home address, to make sure that we are talking to you. Any information you provide to BCBSMT is confidential, as required by law. We will not share it with your employer.



If we miss you, ring us back. We're here for you!

* Health advisors do not replace the care of a doctor. You should talk to your doctor about any medical questions or concerns.